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March 22, 2010

Issuer Services**Pink OTC Markets Inc.****304 Hudson Street****Second Floor****New York, NY 10013**

**Re: Black Dragon Resource Companies Inc., a Delaware corporation
(Trading symbol:BDGR)**

Dear Sir or Madam:

Please be advised that this law firm, Sayid and Associates LLP ("Counsel") has been retained by Black Dragon Resource Companies Inc. (trading symbol: BDGR, a Delaware corporation, to provide this opinion letter ("Opinion") to you.

In connection therewith, the Pink OTC Markets, Inc. (hereinafter, "Pink OTC Markets"), is entitled to rely on the contents of this letter in determining whether the Issuer has made adequate current Information publicly available within the meaning of Rule 144(c)(2) under the Securities Act of 1933. Pink OTC Markets Inc. has full and complete permission and rights to publish this letter with Pink Sheets News Service for viewing by the general public and regulators but no person other than Pink OTC Markets Inc. may rely upon said Opinion in determining whether the Issuer has made adequate current information publicly available within the meaning of Rule 144(c)(2) of the Securities Act of 1933.

We have reviewed and examined the information contained in the Initial Company Information and Disclosure Statement, pursuant to Rule 15c2-11 ("Initial Disclosure"), received by Pink OTC Markets Inc. on October 27, 2009 for the period ending September 30, 2009. On or about October 27, 2009, the information posted was considered "adequate current public information" (see opinion letter Frohling Associates, LLC, Counsellors at Law, executed by John B. Frohling, Esq. (posted on PinkSheets website.

Simultaneous to this letter, we have reviewed the Company's Annual Report for the year ending December 31, 2009, posted on March 22, 2010. This information constitutes "adequate current public information" concerning the securities of the Issuer and "is available" within the meaning of Rule 144(c)(2) under the Securities Act, it includes all of the information that a broker-dealer would be required to obtain from the Issuer to publish a quotation for the securities under Rule 15c2-11 under the Securities Exchange Act of 1934 and complies as to form with the Pink Sheet Guidelines for Providing Adequate Current Information which are located at Pinksheets.com.otc/guide/disclosure.guidelines and, the information has been posted in the Pink Sheets News Service.

Therefore, in accordance with your BDRG disclosure requirements, the following is provided: Counsel is a resident of New York and resides in that State in the United States of America, Counsel has been retained by the Issuer for the purpose of rendering this letter and related matters. I am authorized to practice law in the State of New York and Commonwealth of Massachusetts, before the United States Supreme Court, and before the United States Court of Appeals for the Second Circuit. Counsel is permitted to practice before the Securities and Exchange Commission and has not been prohibited from practice there under.

In connection therewith, I have examined such corporate records and other documents and such questions of law as counsel considered necessary or appropriate for purposes of rendering the letter including:

- a) Initial Company Information and Disclosure Statement, posted on October 27, 2009;
- b) The Attorney Letter of Frohling Associates, LLC, Counsellors at Law, executed by John B. Frohling, Esq., posted on January 10, 2010; and
- c) Company's Annual Report for the period ending December 31, 2009, amended and posted on March 22, 2010.

Black Dragon Resource Companies Inc. is a Delaware corporation and was incorporated in the State of Delaware on June 26, 1998 as Vita Health Inc. On December 12, 1989, it became Vita Warehouse Company Inc. On August 8, 2001, it became Black Dragon Resources Inc. On December 7, 2004, it became Black Dragon Resource Companies Inc. The corporate offices of the Issuer are located at 100 North Land Avenue, Oil City, LA 71061. Based on the records of the Secretary of State of Delaware, and the Company's corporate records, as of December 31, 2009, the authorized capital of the Company is 1,000,000,000 shares of common stock, par value \$0.0001 per share. Based upon the Transfer Agent's records, as of December 31, 2009, 613,491,215 common shares were issued and outstanding. Based on the foregoing, that the Shareholder(s) herein was/were not an affiliate of the issuer at the time of the proposed sale and has not been an affiliate during the preceding three months and furthermore based upon Section c(1) and e(1) of Rule 144, it is the opinion of this Firm that said shares have met the requirements of Rule 144(d)(1)(i), certificates may be issued without a restrictive legend pursuant to said Rule.

Further, based on and subject to the foregoing, it is our opinion that the Company does not fall under Rule 144(i)(1)(i), as it has not been a "shell" during the past twelve months. That the unrestricted shares (free-trading) of 613,491,215 shares may be sold pursuant to the holding periods as set forth in Rule 144(d). Furthermore, the Company does not identify itself as a shell on its periodic filings with the Securities and Exchange Commission due to the fact that the Company is not a reporting company.

The Fiscal Year End for the Issuer is December 31. The financials contained in the Initial Disclosure Statement for the Company are unaudited. Financials contained in the Annual Report are unaudited and were prepared by Gary Zorne, CPA, CFO, of the Company. Mr. Zorne has extensive experience in the preparation of financial statements, having been a sole proprietor-practitioner of a public accounting firm. The Annual Report was prepared by Executive Support and Services Group, Corp. ("ESSG"), a management consulting firm staffed by attorneys, certified public accountants, accountants and management consultants. It provides third-party administrative services to small businesses and emerging companies.

The Transfer Agent of the Issuer is: Signature Stock Transfer, 2632 Coachlight Court, Plano, TX 75093. The Transfer Agent is registered with the Securities and Exchange Commission. A shareholders list provided by the Transfer Agent as of December 31, 2009 is the source of the outstanding stock of the Issuer.

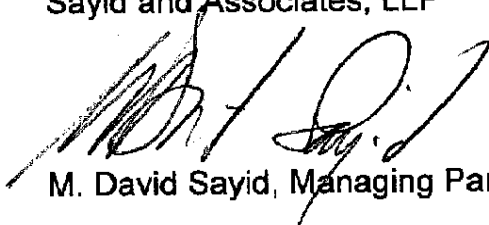
On information provided by Company management, there is one pending legal action against the Issuer. The Company is a third-party defendant in the action which is disclosed in detail in the Annual Report. The Company, based on information from its trial counsel, believes the action has no merit and that the Company should prevail. There are no defaults on senior securities. To the best of my knowledge, and after inquiry of management and the directors of the Issuer, neither the Company, nor its officers, directors, five (5%) percent holders, nor Counsel, are currently under investigation by any federal or state regulatory authority for any violation of federal or states securities laws. Counsel has personally met with management and a majority of directors of the Issuer and reviewed the information as published by the Issuer on the Pink Sheet News Service and discussed the information contained in the formentioned documents with Company management.

The information contained in the Initial Disclosure, received by Pink OTC Markets Inc. on October 27, 2009, AND the Company's Annual Report, as amended and filed on March 22, 2010, constitute "adequate current public information" concerning the securities of the Issuer and "is available" within the meaning of Rule 144(c)(2) under the Securities Act, (ii) includes all of the information that a broker-dealer would be required to obtain from the Issuer to publish a quotation for the securities under Rule 15c2-11 under the Securities Exchange Act of 1934 (the "Exchange Act"), (iii) complies as to form with the Pink OTC Markets' Guidelines for Providing Adequate Current Information, which are located on the Internet at www.PinkOTCMarkets.com, and (iv) has been posted through the OTC Disclosure and News Service.

This Opinion and conclusions herein are based upon documentation and facts made available by the Company and are based on the assumption of accuracy of those documents and facts. All such information is believed to be true. In the event the facts and information in all such documents and or other information provided by management are determined not to be true, this opinion shall be null and void. For purposes of this Opinion as to matters of fact we have relied upon information of public officials, officers of the Issuer and other sources and believe all such information to be reliable.

Thank you for your consideration of this matter, and please, do not hesitate to contact me should you have any further questions at 212-262-6188.

Very truly yours,
Sayid and Associates, LLP



M. David Sayid, Managing Partner

cc. Scott D. Smith, President
Black Dragon Resource Companies Inc.